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8 KINDNESS



**Fasting on the day of Arafah
expiates the sins of the previous
year and that of the following
year.**

(Saheeh Muslim)



**Don't forget to set your alarm for Suhoor
on 9th of Dhul Hijjah**



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During these blessed days, big and little hearts have busied themselves with acts of worship and remembrance. Acts of kindness, big or small, are one of the easiest and most beloved ways of drawing closer to Allah.

Allah is Ar- Raooof, the Most Kind and He commanded all His Prophets, peace and blessings upon them all, to be kind. When He sent Prophet Musa to the cruel Pharaoh, He told him speak gently to the tyrant. Prophet Muhammad, peace and blessings upon him, was kind not only to Muslims but to people who fought battles against him and hurt him for years.

When big and little hearts are kind and carry out acts of kindness, they reflect the Light of Allah and spread happiness in the world. Making someone happy makes us happy! Everything from smiling at someone, setting out water for birds, helping family and friends, forgiving someone who has hurt our feelings to visiting the sick are acts of kindness beloved by Allah.

“Verily, Allah is kind and merciful to the people.”

(2:143)

“A kind word and forgiveness is better than a charitable deed followed by hurtful words...”

(2:263)

“Not equal are the good deed and the bad deed. Repel evil by that which is better, and then the one who is hostile to you will become as a devoted friend. But none is granted it except those who are patient and none is granted it except one having a great fortune.”

(41:34-35)

The Prophet, peace and blessing upon him, emphasized treating prisoners of war with kindness and dignity. The blessed Companions, may Allah be please with them all, responded by giving the prisoners bread and ate only dates themselves (as -Seera (2/475), Ibn Katheer) It is easy to be kind to someone who is generous and gentle with you, but we are guided to be the best we can be even with our enemies who have harmed and hurt us.

Ibn ‘Abbas (ra) said,

“On the Day of Badr, the Messenger of Allah ﷺ instructed us to honor the captives, and so we gave them precedence over ourselves at meal times.”

(Tafseer Ibn Kathir)

Ayesha, mother of the believers, reported, ‘the Messenger of Allah, peace and blessings upon him, said,

“O Aisha, Allah is kind and He loves kindness in all matters.”

(Sahih Bukhari)

[Angels around Us:](#)

Watch: An entourage of 7000 angels in your presence by clicking on the following link:

<https://yaqeeninstitute.org/omar-suleiman/episode-17-an-entourage-of-70000-angels-in-your-presence/>

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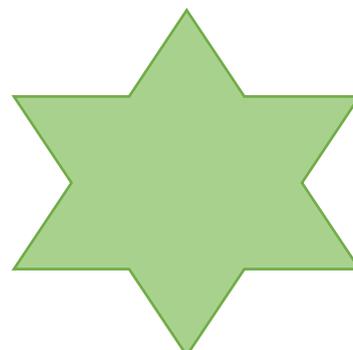
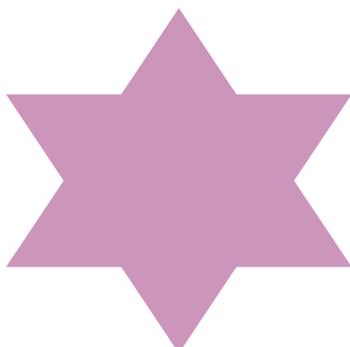
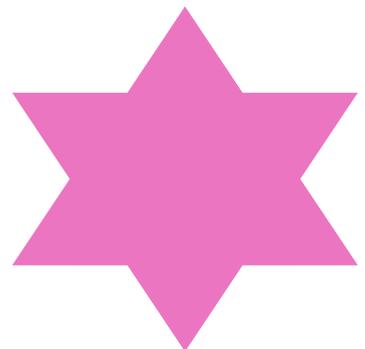
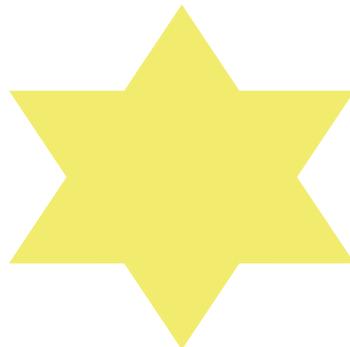
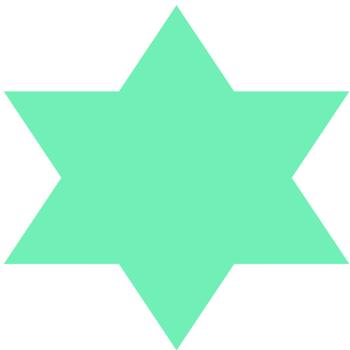
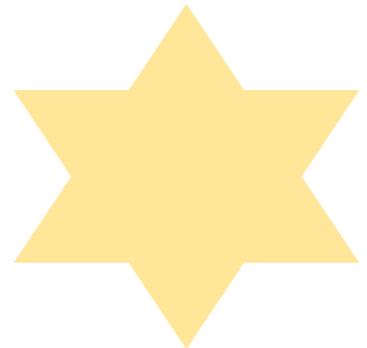
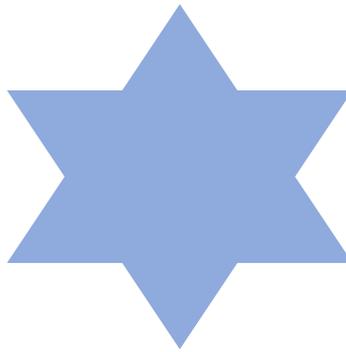
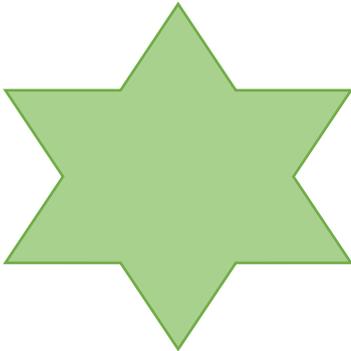
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Remember to recite Takbeerat from 1st to the Asr of 13th Dhul Hijjah

Allahu Akbar, Allahu Akbar, Laa ilaaha ill-Allah Allahu Akbar, Allahu Akbar wa Lillahil Hamd
*(Allah is greatest, Allah is greatest, there is no diety but Allah, Allah is greatest, Allah is greatest,
And praise be to Allah)*

Secret Acts of Kindness

Instruction: Make a list of secret acts of kindness to do for your family.



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Instruction: Research and write down how many acts of kindness can be done on daily basis.

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**Instruction: Research and write some of the acts of kindness Prophet Muhammad, peace and blessings upon him, did in his life.
Hint: kindness to a weeping tree trunk, to a mother bird, to people.**

